

Social Work Support

We can support you to navigate personal, social, and practical challenges to improve your wellbeing and quality of life.

Our social workers are qualified professionals who provide support during life's difficult moments, drawing on their understanding of human behaviour, development, family and social dynamics, disability, and mental health.

All of our social workers are registered with the Australian Association of Social Workers (AASW).

Connect with our team to discuss how we can guide and assist you.

Our Social Workers Can Support You With

✓ Assessing Your Needs

- Meet with individuals, families, or groups to understand their background and goals.
- Evaluate your physical, emotional, social, and financial needs.

✓ Providing Support and Counselling

- Offer emotional support during crises (e.g., abuse, homelessness, mental illness, addiction).
- Manage stress, trauma, grief, or relationship hurdles.
- Provide therapy or referral to mental health professionals.

✓ Connecting You to Resources

Social workers can support you to access the services you may need. It is their role to advocate on your behalf with agencies or institutions.

- Food and housing assistance
- Healthcare, education and training
- Legal aid, victims assist, support with Child Safety
- Support with Centrelink and other government agencies

✓ Advocating for Social Justice

- Work to improve social policies that affect disadvantaged groups.
- Support communities dealing with poverty, racism, inequality, or oppression.

Flexible Delivery

Life can be unpredictable, so our services are designed to match your needs. You can choose to meet with our social workers in the way that works best for you, whether that's through home visits or telehealth appointments.

