

Continence Assessment

Continence Assessment offers an individual and comprehensive review of a person's bladder and bowel health, medical history, and daily habits. The assessment enables the development of a tailored care plan designed to enhance comfort, dignity, and overall quality of life.

By combining clinical expertise with a compassionate approach, tailored strategies are developed to support independence and wellbeing. Collaboration with families, carers, and other health professionals ensures ongoing support and effective management.

Footsteps is a registered NDIS Continence Assessment provider, supporting clients of all ages and with a range of conditions. All our nurses are registered under the Australian Health Practitioner Regulation Agency (AHPRA) and are screened by the NDIS.

Contact us to discuss how we can provide the support and guidance you or your loved one may need.

Benefits of Continence Assessment

- **Finds the root cause** by reviewing medical history, lifestyle, and routines to address the problem, not just the symptoms.
- **Enhances quality of life** with strategies that reduce accidents, boost confidence, and promote dignity and independence.
- **Offers personalised support** through tailored strategies, suitable product recommendations, and personalised referrals to other health professionals.

How Continence Assessment Works

- 1 Make an appointment with us through a call or our online referral form.
- 2 We will arrange for our local registered nurse to either come to you or connect with you via telehealth.
- 3 An assessment will be conducted with you.
- 4 The final assessment will be sent to you as soon as completed.

