



Behaviour Support

previously known as Positive Behaviour Support (PBS)

Behaviour Support is a person-centred approach that helps understand the reasons behind challenging behaviours. It focuses on developing compassionate strategies and supportive environments that promote confidence, independence, and wellbeing.

Our highly skilled practitioners engage in a sensory-rich, emotionally nurturing, and collaborative approach when delivering services. We leverage evidence-based methodologies to develop personalised behaviour support plans that draw from the latest findings in neuroscience and the polyvagal theory, ensuring our strategies are tailored to your unique needs. We work with individuals of all ages, cultures, and backgrounds, including children, young people, and adults.

Contact us to discuss how Behaviour Support can be beneficial for you or your loved one.

Registered NDIS Provider

Footsteps is a registered NDIS provider, approved by the National Disability Insurance Agency (NDIA) to deliver Behaviour Support and many other support services to a wide range of NDIS participants, including those with NDIA-managed funding.

What to Expect from Our Behaviour Support Services

- Committed to the safe delivery of services
- Evidence-based approaches to develop practical, attainable, customised strategies to achieve client objectives
- Advocate for the client to receive NDIS funding in order to promote ongoing care and support quality of life
- Behaviour Support Plans designed to reduce or eliminate Restrictive Practices and implement the least restrictive interventions with a plan to phase them out
- Training provided to support service providers, family, and carers



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