Our Values!

Care

Advocate

Resilience

Empowerment

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GARDENING PROGRAM

FOOTSTEPS COMMUNITY SERVICES

Our Mission

Footsteps Community Services will help to enforce the societal commitment to take care of each other, especially those who have been marginalised and made vulnerable.

Gardening Program

What is it?

The Gardening Program by Footsteps Community Services aims to provide friendly and safe space, to promote and teach our clients about gardening.

Why is it important?

No matter what your growing, getting your green thumb on can have a surprising number of health benefits for clients. In fact, gardening is a recommended activity as it encourages the use of many motor skills, improve endurance and strength, and keep you moving. People who are picky eaters maybe willing to try foods that they have grown, as watching the fruit and vegetables grow, can build excitement and enthusiasm.

What will we be learning?

Clients will learn all aspect of caring for plants, with step-by-step instructions and hands on learning.